



Hillsborough Schedule

September 5th, 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
5:00 – 5:30 Little Kickers	4:45 – 5:30 White – Sr. Yellow	5:00 – 5:30 Little Kickers	4:45 – 5:30 White – Sr. Yellow	PRIVATE LESSONS available 6 days	9:30 – 10:15 MMA Juniors
5:30 – 6:15 White – Sr. Yellow	4:45 – 5:30 Beginner Teens/Adults	5:30 – 6:15 White – Sr. Yellow	4:45 – 5:30 Beginner Teens/Adults	5:00 – 5:30 Little Kickers	9:30 – 10:15 MMA Teens & Adults
5:30 – 6:15 Beginner Teens/Adults	5:30 – 6:00 Black Belt Club Select Students	5:30 – 6:15 Beginner Teens/Adults	5:30 – 6:00 Open Mat	5:30 – 6:15 All Ranks Juniors	10:15 – 11:00 All Ranks Juniors
6:15 – 6:45 Open Mat	6:00 – 6:45 Green & Above	6:45 - 7:30 Green & Above	6:00 – 6:45 Green & Above	5:30 – 6:15 All Ranks Teens/Adults	10:15 – 11:00 All Ranks Teens/Adults
6:45 - 7:30 Green & Above	6:00 – 6:45 All Ranks Teens/Adults	6:45 - 7:30 All Ranks Teens/Adults	6:00 – 6:45 All Ranks Teens/Adults	Instructor Training 5:30 – 6:30	11:00 – 11:30 Little Kickers
6:45 - 7:30 All Ranks Teens/Adults	6:45 – 7:45 MMA Juniors		6:45 – 7:45 MMA Juniors		
	6:45 – 7:45 MMA Teens & Adults		6:45 – 7:45 MMA Teens & Adults		

For information on belt requirements, current events or school closings visit kicksidema.com.
Questions or concerns contact 908-336-8409 or email Kicksidemahills@gmail.com