



Hillsborough Schedule

July 1st, 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
5:00 – 5:30 <i>Little Kickers</i>	4:45 – 5:30 White – Sr. Yellow	3:30 – 4:15 All Ranks	4:45 – 5:30 White – Sr. Yellow	<i>PRIVATE LESSONS</i> <i>available 6 days</i>	9:30 – 10:15 MMA All
5:30 – 6:15 White – Sr. Yellow	5:30 – 6:00 Black Belt Club	5:00 – 5:30 <i>Little Kickers</i>	5:30 – 6:00 Open Mat	11:00 – 11:30 Little Kickers	10:15 – 11:00 All Ranks
6:15 – 6:45 Open Mat	6:00 – 6:45 Green & Above	5:30 – 6:15 White – Sr. Yellow	6:00 – 6:45 Green & Above	11:30 – 12:15 pm All Ranks	11:00 – 11:30 <i>Little Kickers</i>
6:45 – 7:30 Green & Above	6:00 – 6:45 All Ranks <i>Teens/Adults</i>	6:15 – 6:45 Open Mat	6:00 – 6:45 All Ranks <i>Teens/Adults</i>		
6:45 – 7:30 All Ranks <i>Teens/Adults</i>	7:00 – 7:45 MMA All	6:45 – 7:30 Green & Above	7:00 – 7:45 MMA All		
		6:45 – 7:30 All Ranks <i>Teens/Adults</i>			

For information on belt requirements, current events or school closings visit kicksidema.com.
Questions or concerns contact 908-336-8409 or email Kicksidemahills@gmail.com