



Hillsborough Schedule

Effective September 1, 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<i>PRIVATE LESSONS available 6 days</i>	4:45 – 5:30 White – Sr. Blue Juniors	<i>PRIVATE LESSONS available 6 days</i>	4:45 – 5:30 White – Sr. Yellow Juniors	<i>PRIVATE LESSONS available 6 days</i>	8:45 – 9:30 All Ranks
5:00 – 5:30 <i>Little Kickers</i>	5:30 – 6:15 MMA Juniors	5:00 – 5:30 <i>Little Kickers</i>	5:30 – 6:15 MMA Juniors	5:00 – 5:30 <i>Little Kickers</i>	9:30 – 10:15 MMA All
5:30 – 6:15 White – Sr. Yellow Juniors	6:30 – 7:00 Black Belt Club	5:30 – 6:15 White – Sr. Yellow Juniors	6:15 – 7:00 Green & Above Juniors	5:30 – 6:15 All Ranks	10:45 – 11:30 White – Sr. Yellow
6:15 – 7:00 Green & Above Juniors	7:00 – 7:45 Brown & Above Juniors	6:15 – 7:00 Green – Sr. Blue Juniors	7:00 – 7:45 Black Belts, Teens & Adults	<i>Special Events</i>	11:30 – 12:00 <i>Little Kickers</i>
7:00 – 7:45 All Ranks	7:00 – 7:45 All Ranks <i>Teens/Adults</i>	7:00 – 7:45 Brown & Above Juniors	7:45 – 8:30 MMA Teens / Adults		
	7:45 – 8:30 MMA Teens / Adults	7:00 – 7:45 All Ranks <i>Teens/Adults</i>			

For information on belt requirements, current events or school closings visit kicksidema.com.

Questions or concerns contact 908-336-8409 or email Kicksidemahills@gmail.com

LEGEND:

Family Class – available for all age groups

Black Belt Club – select invited Students