



MONDAY Review Webinars*	TUESDAY Instructor-Led Class	WEDNESDAY Review Webinars*	THURSDAY Instructor-Led Class
REVIEW WEBINARS 4:00 – 7:15 pm <i>Approximate rank-specific start times</i> White ~ 4:00 Yellow ~ 4:15 Sr. Yellow ~ 4:30 Green ~ 5:00 Sr. Green ~ 5:10 Blue ~ 5:20 Sr. Blue ~ 5:30 Brown ~ 5:45 Sr. Brown ~ 6:00 Red ~ 6:15 Black Belts: Open Hand Forms Prob. ~ 6:30 Decided ~ 6:40 Senior ~ 6:50	5:30 – 6:15 pm White – Sr. Blue	REVIEW WEBINARS 4:00 – 7:15 pm <i>Approximate rank-specific start times</i> White ~ 4:00 Yellow ~ 4:15 Sr. Yellow ~ 4:30 Green ~ 5:00 Sr. Green ~ 5:10 Blue ~ 5:20 Sr. Blue ~ 5:30 Brown ~ 5:45 Sr. Brown ~ 6:00 Red ~ 6:15 Black Belts: Weapons Forms All Levels ~ 6:30	5:30 – 6:15 pm White – Sr. Blue
	6:15 – 7:00 pm Brown & Above		6:15 – 7:00 pm Brown & Above

Tuesday/Thursday Zoom link:

<https://us04web.zoom.us/j/9042109002>

Email info@kicksidema.com for the required password
 Instructor-led Zoom classes are for all ages, according to rank.
 Black Belts should attend “Brown & Above” classes.

Mon/Wed REVIEW WEBINARS – no class credit awarded

<https://app.livestorm.co/hillsborough-martial-arts-llc/webinar-martial-arts-classes>

Webinars will all list start time as 4:00 pm. Each rank has 10 minutes of review, so approximate start times are listed above. After initial registration, you will need to re-confirm through the original link to access subsequent sessions.

MMA Virtual - Email info@kicksidema.com to schedule a time to access a live stream of the MMA classes at either location.