



Montgomery In-Person Schedule

Effective 12/5/2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4:00 – 4:45 White – Sr. Yellow <i>Juniors</i>	<i>PRIVATE LESSONS</i>	4:00 – 4:45 White – Sr. Yellow <i>Juniors</i>	<i>PRIVATE LESSONS</i>	3:30 – 4:00 <i>Little Kickers</i>
4:45 – 5:30 MMA <i>Juniors</i>	4:00 – 4:45 Brown – Sr. Red <i>Juniors</i>	4:45 – 5:30 MMA <i>Juniors</i>	4:00 – 4:45 Brown – Sr. Red <i>Juniors</i>	4:00 – 4:45 White – Sr. Yellow <i>Juniors</i>
5:30 – 6:15 Green – Sr. Blue <i>Juniors</i>	5:00 – 5:30 <i>Little Kickers</i>	5:30 – 6:15 Green – Sr. Blue <i>Juniors</i>	5:00 – 5:30 <i>Little Kickers</i>	4:45 – 5:30 MMA <i>Juniors</i>
6:15 – 7:00 Brown & Above <i>Juniors</i>	5:30 – 6:15 White – Sr. Blue <i>Juniors</i>	6:15 – 7:00 Brown & Above <i>Juniors</i>	5:30 – 6:15 White – Sr. Blue <i>Juniors</i>	5:30 – 6:15 <u>SPARRING</u> Green – Sr. Red <i>Juniors</i>
6:15 – 7:00 Black Belts, All Ranks <i>Teens/Adults</i>	6:15 – 7:00 Black Belts, All Ranks <i>Teens/Adults</i>	6:15 – 7:00 Black Belts, All Ranks <i>Teens/Adults</i>	6:15 – 7:00 Black Belts, All Ranks <i>Teens/Adults</i>	6:15 – 7:00 <u>SPARRING</u> Black Belts, All Ranks <i>Teen/Adults</i>
7:00 – 7:45 MMA <i>Adults</i>		7:00 – 7:45 MMA <i>Adults</i>		<i>PRIVATE LESSONS</i>

Classes will be held outside unless temperature is below 50° F or in the case of inclement weather, wherein they will move indoors. We use the lawn near Route 206 for outdoor classes. Use the parking lot between Burger King and The Bank of Princeton for access.

Indoor class attendance is currently limited 10 people, 25 people for outdoors (12/5/2020)