



Montgomery In-Person Schedule

Effective 10/5/2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4:00 – 4:45 White – Sr. Yellow Juniors	<i>PRIVATE LESSONS</i>	4:00 – 4:45 White – Sr. Yellow Juniors	<i>PRIVATE LESSONS</i>	3:30 – 4:00 <i>Little Kickers</i>
4:45 – 5:30 MMA Juniors	4:00 – 4:45 Brown – Sr. Red Juniors	4:45 – 5:30 MMA Juniors	4:00 – 4:45 Brown – Sr. Red Juniors	4:00 – 4:45 White – Sr. Yellow Juniors
5:30 – 6:15 Green – Sr. Blue Juniors	5:00 – 5:30 <i>Little Kickers</i>	5:30 – 6:15 Green – Sr. Blue Juniors	5:00 – 5:30 <i>Little Kickers</i>	4:45 – 5:30 MMA Juniors
<i>Outdoor Class</i> 6:15 – 7:00 Brown & Above Juniors	5:30 – 6:15 White – Sr. Yellow Juniors	<i>Outdoor Class</i> 6:15 – 7:00 Brown & Above Juniors	5:30 – 6:15 White – Sr. Yellow Juniors	5:30 – 6:15 <u>SPARRING</u> Green – Sr. Red Juniors
<i>Indoor Class</i> 6:15 – 7:00 Black Belts, All Ranks Teens/Adults	<i>Outdoor Class</i> 6:15 – 7:00 Black Belts, All Ranks Teens/Adults	<i>Indoor Class</i> 6:15 – 7:00 Black Belts, All Ranks Teens/Adults	<i>Outdoor Class</i> 6:15 – 7:00 Black Belts, All Ranks Teens/Adults	6:15 – 7:00 <u>SPARRING</u> Black Belts, All Ranks Teen/Adults
<i>Indoor Class</i> 7:00 – 7:45 MMA Adults	<i>Indoor Class</i> 6:15 – 7:00 Green – Sr. Blue Juniors	<i>Indoor Class</i> 7:00 – 7:45 MMA Adults	<i>Indoor Class</i> 6:15 – 7:00 Green – Sr. Blue Juniors	<i>PRIVATE LESSONS</i>

Classes will be held outside unless below 40° F / above 90° F or in the case of inclement weather, wherein they will move indoors. Our tent is on the lawn by Route 206. Please use the parking lot between Burger King and The Bank of Princeton for access.

Indoor class attendance is currently limited 25% capacity, or approximately 22 students (9/1/2020)