## KICKSIDElogo_horiz_web

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| **MONTGOMERY REVISED WEEK**  **June 17–22, 2019** |

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| MONDAY | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** | **SATURDAY** |
| Fun & Games | **Self-Defense** | **Mixed Martial Arts** | **Nunchucks** | **Rank Ceremonies** | **Family Day** |
| 4:­30 – 5:15  White – Sr. Yellow  *Juniors* | 4:30 – 5:15 pm  *Little Kickers* | 4:30 – 5:15  White – Sr. Yellow  *Juniors* | 4:30 – 5:15  *Little Kickers* | **No classes RANK CEREMONY @ MONTGOMERY** | *Regular schedule resumes* |
| 5:15 ­­– 6:00  *Little Kickers* | 4:45 – 5:30  Brown – Sr. Red  *Juniors* | 5:15 – 6:00  **MMA** *Juniors* | 4:45 – 5:30  Brown – Sr. Red *Juniors* | 5:30  Rank Ceremony  White – Sr. Green *Juniors* |  |
| 5:15 – 6:00  *Little Kickers* |
| 6:00 – 6:45  Green & Up  *Junior*s | 5:15– 6:00  White – Sr**.** Yellow  *Juniors* | 6:00 – 6:45  Green & Up  *Juniors* | 5:15 – 6:00  White – Sr. Yellow  *Juniors* | 6:15  Rank Ceremony  Blue – Red  *Juniors* |  |
| **5:30**  **Make-up Testing** |
| 7:00 – 8:00  **MMA**  *Juniors* & *Adults* | 6:00 – 6:45  Green – Sr. Blue  *Juniors* | 6:45 – 7:30  All Ranks *Teens/Adults* | 6:00 – 6:45  Green – Sr. Blue  *Juniors* | 7:00  Rank Ceremony  Sr. Red, Black, All Teen/Adult Ranks |  |
|  | 6:45 – 7:30  Black Belts &  All Ranks  *Teens/Adults* | 7:30 – 8:30  **MMA**  *Adults* | 6:45 – 7:30  Black Belts & All Ranks  *Teens/Adults* | *Times are for your current rank, not your new one. Please “dress to impress” (no uniforms) to make for a special experience.* |  |

**www.kicksidema.com**

Revised Week is also “Spirit Week.” Students are encouraged to bring friends and family who are not currently training to try a class. For each friend, you will get to pop a balloon and win a corresponding prize from the display in the lobby!