



# KICKSIDE MARTIAL ARTS

# MONTGOMERY

(Effective as of Monday, April 14, 2014) Questions? Call 609-430-0513

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
4:00 – 4:30 <i>Little Dragons</i>	4:00 – 4:45 Green – Sr. Blue	4:00 – 4:30 <i>Little Dragons</i>	4:00 – 4:30 <i>Little Dragons</i>	Private Lessons	9:00 – 9:45 <b>INSEKO</b>
4:30 – 5:15 White – Sr. Yellow	4:45 - 5:30 Brown - Sr. Red	4:30 – 5:15 White – Sr. Yellow	4:30 – 5:15 Green – Sr. Blue	4:30 – 5:15 White – Sr. Yellow	9:45 – 10:45 Teens & Adults <i>All Ranks</i>
5:15 – 6:00 Brown – Red	5:30 - 6:15 White - Sr. Yellow	5:15 – 6:00 Brown & Up	5:15 – 6:00 White – Sr. Yellow	5:15 – 6:00 Green – Sr. Blue	10:45 – 11:30 Green – Sr. Blue
6:00– 6:45 Green – Sr. Blue	6:15 – 6:45 <b>BBC A*</b>	6:00 – 6:45 Green – Sr. Blue	6:00 – 6:45 Brown & Above	6:00 – 6:45 Brown & Above	11:30 – 12:15 Brown & Up
6:45 – 7:30 Sr. Red & Black	6:45 – 7:30 Black Belts	6:45 – 7:30 <b>INSEKO</b>	6:45 – 7:15 <b>BBC B &amp; C*</b>	6:45 – 7:30 Teens & Adults <i>All Ranks</i>	12:15 – 1:00 White – Sr. Yellow
7:30– 8:30 Teens & Adults <i>All Ranks</i>	7:30 - 8:15 <b>INSEKO</b>	7:30 – 8:30 Teens & Adults <i>All Ranks</i>	7:15 – 8:15 Teens & Adults <i>All Ranks</i>	7:30 – 8:15 <b>INSEKO</b>	1:00 – 1:30 <i>Little Dragons</i>
8:30 – 9:15 <b>INSEKO</b>	8:15 – 9:15 Teens & Adults <i>All Ranks</i>	Private Lessons	8:15 – 9:00 <b>INSEKO</b>	Private Lessons	Birthday Parties 2:00 – 3:30 All inclusive!

\*BBC A is for Black Belts, BBC B is for Brown–Sr. Red, BBC C is for Adults. Special enrollment required.

For closings, holidays, snow days, and special events, check our website: [kicksidema.com](http://kicksidema.com)

**INSEKO is a separate membership from the martial arts program. Please visit [insekofit.com](http://insekofit.com) for more info**