

New Jersey Martial Arts Alliance

BLACK BELT TESTING APPLICATION

Name: _____ Current Rank: _____

Academy (circle one): Branchburg | Hillsborough | Princeton Req. Belt Size: _____ Age: _____

<input type="checkbox"/>	PRIMARY FORM						Scoring can be 1 - 3, 3 = excellent, 2 = average, 1 = below average. Use the marks below to track all 3 attempts. Highest scoring form goes in block.																	
<input type="checkbox"/>	Accuracy	<input type="checkbox"/>	Stances	<input type="checkbox"/>	Target Area	<input type="checkbox"/>	Technique	<input type="checkbox"/>	Preparation	<input type="checkbox"/>	Intensity													
	/ / /		/ / /		/ / /		/ / /		/ / /		/ / /													

SECONDARY FORMS																		
<input type="checkbox"/>	PRO	<input type="checkbox"/>	Accuracy	<input type="checkbox"/>	Stances	<input type="checkbox"/>	Target Area	<input type="checkbox"/>	Technique	<input type="checkbox"/>	Preparation	<input type="checkbox"/>	Intensity					
<input type="checkbox"/>	DECIDED	<input type="checkbox"/>	Accuracy	<input type="checkbox"/>	Stances	<input type="checkbox"/>	Target Area	<input type="checkbox"/>	Technique	<input type="checkbox"/>	Preparation	<input type="checkbox"/>	Intensity					
<input type="checkbox"/>	SENIOR	<input type="checkbox"/>	Accuracy	<input type="checkbox"/>	Stances	<input type="checkbox"/>	Target Area	<input type="checkbox"/>	Technique	<input type="checkbox"/>	Preparation	<input type="checkbox"/>	Intensity					
<input type="checkbox"/>	2nd PRO	<input type="checkbox"/>	Accuracy	<input type="checkbox"/>	Stances	<input type="checkbox"/>	Target Area	<input type="checkbox"/>	Technique	<input type="checkbox"/>	Preparation	<input type="checkbox"/>	Intensity					
<input type="checkbox"/>	2nd DECIDED	<input type="checkbox"/>	Accuracy	<input type="checkbox"/>	Stances	<input type="checkbox"/>	Target Area	<input type="checkbox"/>	Technique	<input type="checkbox"/>	Preparation	<input type="checkbox"/>	Intensity					
Comments:																		

WEAPON FORMS													
<input type="checkbox"/>	Bo Form	<input type="checkbox"/>	Accuracy	<input type="checkbox"/>	Stances	<input type="checkbox"/>	Power	<input type="checkbox"/>	Technique	<input type="checkbox"/>	Control		
<input type="checkbox"/>	Escrima Form	<input type="checkbox"/>	Accuracy	<input type="checkbox"/>	Stances	<input type="checkbox"/>	Power	<input type="checkbox"/>	Technique	<input type="checkbox"/>	Control		
<input type="checkbox"/>	Nunchaku Form	<input type="checkbox"/>	Accuracy	<input type="checkbox"/>	Stances	<input type="checkbox"/>	Power	<input type="checkbox"/>	Technique	<input type="checkbox"/>	Control		
Comments:													

Total Score: _____ Pass / Possible NC

Judge: _____

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BLACK BELT TESTING APPLICATION

BREAKING REQUIREMENTS:

Probationary Black - Minimum 3 breaks. No beginner techniques. Cannot use same hand/foot twice

Decided - Minimum 5 breaks including 1 Jump, 1 Spin (Must use both hands and both feet)

Senior - Minimum 7 breaks incl. 1 Jump, 1 Spin, 1 Jump Spin, 1 Challenge (Must use both hands and both feet)

BOARD BREAKING

Please complete the "Board Breaking" section, and bring your own boards to the testing. See instructor for details.

<input type="checkbox"/>	Hand / Foot (L / R) _____	_____
	<i>Please circle</i>	<i>Name of technique and number of boards</i>
<input type="checkbox"/>	Hand / Foot (L / R) _____	_____
<input type="checkbox"/>	Hand / Foot (L / R) _____	_____
<input type="checkbox"/>	Hand / Foot (L / R) _____	_____
<input type="checkbox"/>	Hand / Foot (L / R) _____	_____
<input type="checkbox"/>	Hand / Foot (L / R) _____	_____
<input type="checkbox"/>	Hand / Foot (L / R) _____	_____
<input type="checkbox"/>	Hand / Foot (L / R) _____	_____

SECONDARY MATERIAL

<input type="checkbox"/> Self Defense	<input type="checkbox"/> Offensive Combo
<input type="checkbox"/> One Step	<input type="checkbox"/> Curriculum Kick
<input type="checkbox"/> Sparring	<input type="checkbox"/> Target
<input type="checkbox"/> Defense	<input type="checkbox"/> Control
<input type="checkbox"/> Offense	

Pass / Possible NC

Judge: _____