

# New Jersey Martial Arts Alliance

## BLACK BELT TESTING APPLICATION

Name: \_\_\_\_\_ Current Rank: \_\_\_\_\_

Academy (circle one): Branchburg | Hillsborough | Princeton Req. Belt Size: \_\_\_\_\_ Age: \_\_\_\_\_

<input type="checkbox"/>	PRIMARY FORM						Scoring can be 1 - 3, 3 = excellent, 2 = average, 1 = below average. Use the marks below to track all 3 attempts. Highest scoring form goes in block.						
	<input type="checkbox"/> Accuracy	<input type="checkbox"/> Stances	<input type="checkbox"/> Target Area	<input type="checkbox"/> Technique	<input type="checkbox"/> Preparation	<input type="checkbox"/> Intensity		<input type="checkbox"/> Accuracy	<input type="checkbox"/> Stances	<input type="checkbox"/> Target Area	<input type="checkbox"/> Technique	<input type="checkbox"/> Preparation	<input type="checkbox"/> Intensity
/ / /	/ / /	/ / /	/ / /	/ / /	/ / /	/ / /	/ / /	/ / /	/ / /	/ / /	/ / /	/ / /	

SECONDARY FORMS													
<input type="checkbox"/> PRO	<input type="checkbox"/> Accuracy	<input type="checkbox"/> Stances	<input type="checkbox"/> Target Area	<input type="checkbox"/> Technique	<input type="checkbox"/> Preparation	<input type="checkbox"/> Intensity	<input type="checkbox"/> PRO	<input type="checkbox"/> Accuracy	<input type="checkbox"/> Stances	<input type="checkbox"/> Target Area	<input type="checkbox"/> Technique	<input type="checkbox"/> Preparation	<input type="checkbox"/> Intensity
<input type="checkbox"/> DECIDED	<input type="checkbox"/> Accuracy	<input type="checkbox"/> Stances	<input type="checkbox"/> Target Area	<input type="checkbox"/> Technique	<input type="checkbox"/> Preparation	<input type="checkbox"/> Intensity	<input type="checkbox"/> DECIDED	<input type="checkbox"/> Accuracy	<input type="checkbox"/> Stances	<input type="checkbox"/> Target Area	<input type="checkbox"/> Technique	<input type="checkbox"/> Preparation	<input type="checkbox"/> Intensity
<input type="checkbox"/> SENIOR	<input type="checkbox"/> Accuracy	<input type="checkbox"/> Stances	<input type="checkbox"/> Target Area	<input type="checkbox"/> Technique	<input type="checkbox"/> Preparation	<input type="checkbox"/> Intensity	<input type="checkbox"/> SENIOR	<input type="checkbox"/> Accuracy	<input type="checkbox"/> Stances	<input type="checkbox"/> Target Area	<input type="checkbox"/> Technique	<input type="checkbox"/> Preparation	<input type="checkbox"/> Intensity
<input type="checkbox"/> 2nd PRO	<input type="checkbox"/> Accuracy	<input type="checkbox"/> Stances	<input type="checkbox"/> Target Area	<input type="checkbox"/> Technique	<input type="checkbox"/> Preparation	<input type="checkbox"/> Intensity	<input type="checkbox"/> 2nd PRO	<input type="checkbox"/> Accuracy	<input type="checkbox"/> Stances	<input type="checkbox"/> Target Area	<input type="checkbox"/> Technique	<input type="checkbox"/> Preparation	<input type="checkbox"/> Intensity
<input type="checkbox"/> 2nd DECIDED	<input type="checkbox"/> Accuracy	<input type="checkbox"/> Stances	<input type="checkbox"/> Target Area	<input type="checkbox"/> Technique	<input type="checkbox"/> Preparation	<input type="checkbox"/> Intensity	<input type="checkbox"/> 2nd DECIDED	<input type="checkbox"/> Accuracy	<input type="checkbox"/> Stances	<input type="checkbox"/> Target Area	<input type="checkbox"/> Technique	<input type="checkbox"/> Preparation	<input type="checkbox"/> Intensity
<b>Comments:</b>													

WEAPON FORMS																	
<input type="checkbox"/> Bo Form	<input type="checkbox"/> Accuracy	<input type="checkbox"/> Stances	<input type="checkbox"/> Power	<input type="checkbox"/> Technique	<input type="checkbox"/> Control	<input type="checkbox"/> Bo Form	<input type="checkbox"/> Accuracy	<input type="checkbox"/> Stances	<input type="checkbox"/> Power	<input type="checkbox"/> Technique	<input type="checkbox"/> Control	<input type="checkbox"/> Bo Form	<input type="checkbox"/> Accuracy	<input type="checkbox"/> Stances	<input type="checkbox"/> Power	<input type="checkbox"/> Technique	<input type="checkbox"/> Control
<input type="checkbox"/> Escrima Form	<input type="checkbox"/> Accuracy	<input type="checkbox"/> Stances	<input type="checkbox"/> Power	<input type="checkbox"/> Technique	<input type="checkbox"/> Control	<input type="checkbox"/> Escrima Form	<input type="checkbox"/> Accuracy	<input type="checkbox"/> Stances	<input type="checkbox"/> Power	<input type="checkbox"/> Technique	<input type="checkbox"/> Control	<input type="checkbox"/> Escrima Form	<input type="checkbox"/> Accuracy	<input type="checkbox"/> Stances	<input type="checkbox"/> Power	<input type="checkbox"/> Technique	<input type="checkbox"/> Control
<input type="checkbox"/> Nunchaku Form	<input type="checkbox"/> Accuracy	<input type="checkbox"/> Stances	<input type="checkbox"/> Power	<input type="checkbox"/> Technique	<input type="checkbox"/> Control	<input type="checkbox"/> Nunchaku Form	<input type="checkbox"/> Accuracy	<input type="checkbox"/> Stances	<input type="checkbox"/> Power	<input type="checkbox"/> Technique	<input type="checkbox"/> Control	<input type="checkbox"/> Nunchaku Form	<input type="checkbox"/> Accuracy	<input type="checkbox"/> Stances	<input type="checkbox"/> Power	<input type="checkbox"/> Technique	<input type="checkbox"/> Control
<b>Comments:</b>																	

Total Score: \_\_\_\_\_ Pass / Possible NC

Judge: \_\_\_\_\_

# New Jersey Martial Arts Alliance

## BLACK BELT TESTING APPLICATION

### BREAKING REQUIREMENTS:

**Probationary Black** - Minimum 3 breaks. No beginner techniques. Cannot use same hand/foot twice

**Decided** - Minimum 5 breaks including 1 Jump, 1 Spin (Must use both hands and both feet)

**Senior** - Minimum 7 breaks incl. 1 Jump, 1 Spin, 1 Jump Spin, 1 Challenge (Must use both hands and both feet)

### BOARD BREAKING

Please complete the "Board Breaking" section, and bring your own boards to the testing. See instructor for details.

<input type="checkbox"/>	Hand / Foot ( L / R ) <i>Please circle</i>	<i>Name of technique and number of boards</i>	_____
<input type="checkbox"/>	Hand / Foot ( L / R )	_____	_____
<input type="checkbox"/>	Hand / Foot ( L / R )	_____	_____
<input type="checkbox"/>	Hand / Foot ( L / R )	_____	_____
<input type="checkbox"/>	Hand / Foot ( L / R )	_____	_____
<input type="checkbox"/>	Hand / Foot ( L / R )	_____	_____
<input type="checkbox"/>	Hand / Foot ( L / R )	_____	_____
<input type="checkbox"/>	Hand / Foot ( L / R )	_____	_____

SECONDARY MATERIAL					
<input type="checkbox"/>	Self Defense	<input checked="" type="checkbox"/>	Offensive Combo		
<input type="checkbox"/>	One Step	<input type="checkbox"/>	Curriculum Kick		
<input type="checkbox"/>	Sparring	<input type="checkbox"/>	Target	<input type="checkbox"/>	Defense
<input type="checkbox"/>		<input type="checkbox"/>	Control	<input type="checkbox"/>	Offense

Pass / Possible NC

Judge: \_\_\_\_\_