 **HILLSBOROUGH**

*(Effective as of July 1, 2019) Questions? Call 908-336-8409*

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| **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** | **SATURDAY** |
| 4:15 – 5:00Green – Sr. Blue *Juniors* | 3:30 – 4:30Office Hours | Private Lessons | 12:00 – 12:45 All Ranks*Teens & Adults* | Private Lessons | 8:30 – 9:15**MMA***Teens/Adults* |
| 5:15 – 5:45*Little Kickers* | 4:45 – 5:30White – Sr. Yellow*Juniors* | 4:15 – 5:00Green – Sr. Blue*Juniors* | 4:30 – 5:00*Little Kickers* | 4:00 – 4:45White – Sr. Yellow*Juniors* | 9:15 – 10:00All Ranks*Teens & Adults* |
| 5:00 – 5:45**MMA***Juniors* | 4:45 – 5:15*Little Kickers* | 5:00 – 5:45**MMA***Juniors* | 5:00 – 5:45White – Sr. Yellow*Juniors* | 4:45 – 5:30Green & Above*Juniors* | 10:00 – 10:45Brown & Above*Juniors* |
| 5:45 – 6:30Brown & Above*Juniors* | 5:30 – 6:15Green & Above*Juniors* | 5:45 – 6:30Brown - Red*Juniors* | 5:45 – 6:30Brown & Above*Juniors* | 5:30 – 6:15**MMA***Juniors* | 10:45 – 11:30Green – Sr. Blue*Juniors* |
| 6:30 – 7:15White – Sr. Yellow*Juniors* | 6:15 – 7:15All Ranks*Teens & Adults* | 6:30 – 7:15White – Sr. Yellow*Juniors* | 6:30 – 7:15Green – Sr. Blue*Juniors* | 6:15 – 6:45Sport Karate | 11:30 – 12:15White – Sr. Yellow*Juniors* |
| 7:15 – 8:15 All Ranks*Teens & Adults* | 7:15 – 8:15**MMA***Teens/Adults* | 7:15 – 7:45Sr. Red & Black Belts | 7:15 – 8:15**MMA***Teens/Adults* | 6:45 – 7:45All Ranks*Teens & Adults* | 12:15 – 12:45*Little Kickers* |
| Private Lessons | Private Lessons | 7:45 – 8:30All Ranks*Teens & Adults* | 8:15 – 9:00All Ranks*Teens & Adults* | Private Lessons | Birthday Parties 1:00 – 2:30$220, *all inclusive*! |

\***MMA** is not included in regular TKD membership. See instructor for pricing and details. For holidays, weather closings, and special events check our website: kicksidema.com