



KICKSIDE MARTIAL ARTS

MONTGOMERY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
4:30 – 5:15 White – Sr. Yellow <i>Junior (Floor 1)</i>	4:30 – 5:15 <i>Little Kickers (Floor 2)</i>	4:30 – 5:15 White – Sr. Yellow <i>Junior (Floor 1)</i>	4:30 – 5:15 <i>Little Kickers (Floor 2)</i>	Parents' Night Out 5:30–8:00	9:00 – 10:00 MMA <i>Teen/Adult (Floor 1)</i>
4:30 – 5:15 Green – Sr. Blue <i>Junior (Floor 2)</i>	4:45 – 5:30 Brown – Sr. Red <i>Junior (Floor 1)</i>	4:30 – 5:15 Green – Sr. Blue <i>Junior (Floor 2)</i>	4:45 – 5:30 Brown – Sr. Red <i>Junior (Floor 1)</i>		4:15 – 5:00 <i>Little Kickers</i>
5:15 – 6:00 MMA Jr (Floor 1)	5:15 – 6:00 White Belts <i>Junior (Floor 2)</i>	5:15 – 6:00 MMA Jr (Floor 1)	5:15 – 6:00 White Belts <i>Junior (Floor 2)</i>	5:00 – 5:45 White –Sr. Yellow <i>Junior</i>	10:00 – 10:45 All Ranks <i>Teen/Adult (Floor 1)</i>
5:15 – 6:00 <i>Little Kickers (Floor 2)</i>	5:30 – 6:15 Yellow – Sr. Yellow <i>Junior (Floor 1)</i>	5:15 – 6:00 <i>Little Kickers (Floor 2)</i>	5:30 – 6:15 Yellow – Sr. Yellow <i>Junior (Floor 1)</i>		10:00 – 10:45 Brown & Above <i>Junior (Floor 2)</i>
6:00 – 6:30 Sport Karate <i>(Floor 1)</i>	6:00 – 6:45 Green – Sr. Blue <i>Junior (Floor 2)</i>	6:00 – 6:30 Sport Karate <i>(Floor 1)</i>	6:00 – 6:45 Green – Sr. Blue <i>Junior (Floor 2)</i>	5:45- 6:30 Green- Sr. Blue <i>Junior</i>	10:45 – 11:30 MMA <i>Junior (Floor 1)</i>
6:00 – 6:45 Brown & Up <i>Junior (Floor 2)</i>	6:15 – 7:00 Black Belts <i>(Floor 1)</i>	6:00 – 6:45 Brown & Up <i>Junior (Floor 2)</i>	6:15 – 7:00 Black Belts <i>(Floor 1)</i>		10:45 – 11:30 White – Sr. Yellow <i>Junior (Floor 2)</i>
6:30 – 7:15 White – Sr. Yellow <i>Junior (Floor 1)</i>	6:45 – 7:45 All <i>Teen/Adult (Floor 2)</i>	6:30 – 7:15 White – Sr. Yellow <i>Junior (Floor 1)</i>	6:45 – 7:45 <i>Teen/Adult (Floor 2)</i>	6:30 – 7:15 Brown & Up <i>Junior</i>	11:30 – 12:15 Green – Sr. Blue <i>Junior</i>
7:15 – 8:15 All Rank <i>Teen/Adult (Floor 2)</i>		7:15 – 8:15 All Rank <i>Teen/Adult (Floor 2)</i>			
7:30 - 8:30 MMA Teen/Adult (Floor 1)		7:30 - 8:30 MMA Teen/Adult (Floor 1)		7:15 – 8:00 All Ranks <i>Teen/Adult</i>	Birthday Parties 12:30 – 2:00 pm \$220, All Inclusive!

(Effective December 11, 2018) Questions? Call 609-430-0513. Visit kicksidema.com for updates.