



KICKSIDE MARTIAL ARTS

MONTGOMERY

(Effective July 5, 2018) Questions? Call 609-430-0513. Visit kicksidema.com for updates.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
12:00 – 12:45 All Ranks	<i>Private Lessons</i>	<i>Private Lessons</i>	<i>Private Lessons</i>	<i>Private Lessons</i>	8:30 – 9:30 Floor 1 MMA Teens/Adults
					8:45 – 9:30 Floor 2 <i>Little Kickers</i>
<i>Private Lessons</i>	<i>Private Lessons</i>	<i>Private Lessons</i>	<i>Private Lessons</i>	<i>Private Lessons</i>	9:30 – 10:15 All Ranks <i>Teens/Adults</i>
4:30 – 5:15 White – Sr. Yellow <i>Juniors</i>	4:45 – 5:30 Green – Sr. Blue <i>Juniors</i>	4:30 – 5:15 White – Sr. Yellow <i>Juniors</i>	4:45 – 5:30 Green – Sr. Blue <i>Juniors</i>	4:15 – 5:00 <i>Little Kickers</i>	10:15 – 11:00 Brown & Above <i>Juniors</i>
5:15 – 6:00 Floor 1 MMA Juniors	5:30 – 6:15 White – Sr. Yellow <i>Juniors</i>	5:15 – 6:00 Floor 1 MMA Juniors	5:30 – 6:15 White – Sr. Yellow <i>Juniors</i>	5:00 – 5:45 White – Sr. Yellow <i>Juniors</i>	11:00 – 11:45 MMA Juniors
5:15 – 6:00 Floor 2 <i>Little Kickers</i>		5:15 – 6:00 Floor 2 <i>Little Kickers</i>			
6:00 – 6:45 Floor 1 Brown & Up, <i>Juniors</i>	6:15 – 7:00 Brown – Sr. Red <i>Juniors</i>	6:00 – 6:45 Floor 1 Brown & Up, <i>Juniors</i>	6:15 – 7:00 Brown – Sr. Red <i>Juniors</i>	5:45 – 6:30 Green – Sr. Blue <i>Juniors</i>	11:45 – 12:30 Green – Sr. Blue <i>Juniors</i>
6:00 – 6:45 Floor 2 Green – Sr. Blue, Jr		6:00 – 6:45 Floor 2 Green – Sr. Blue, Jr			
6:45 – 7:45 All Ranks <i>Teens/Adults</i>	7:00 – 7:45 Black Belts	6:45 – 7:45 All Ranks <i>Teens/Adults</i>	7:00 – 7:45 Black Belts	6:30 – 7:15 Brown & Up <i>Juniors</i>	12:30 – 1:15 White – Sr. Yellow <i>Juniors</i>
7:45 – 9:00 MMA <i>Teens/Adults</i>	7:45 – 8:45 All Ranks <i>Teens/Adults</i>	7:45 – 9:00 MMA <i>Teens/Adults</i>	7:45 – 8:45 All Ranks <i>Teens/Adults</i>	7:15 – 8:00 All Ranks <i>Teens/Adults</i>	Birthday Parties 1:30 – 3:00 pm \$220, All inclusive!

We have multiple workout floors, so some class times overlap. **MMA** is not included with regular TKD membership. See instructor to register.